

July to December 2019

# Beauty from *Ashes*

Stopping Human Trafficking in Nepal



CAPTIVATING

“  
There is a moment  
when you have to  
*choose*  
whether to be  
*silent*  
or *stand up*”



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# Beauty from *ashes*



Andrew Colquhoun | Co-Founder & CEO of Captivating

Welcome to our very first edition of BEAUTY FROM ASHES - an update about the work of Captivating in Nepal. Every six months (Feb and Aug) we will give you, our amazing supporters, an overview of the work in Nepal that [together] we have made possible. In the past we have focused our updates on a project by project basis, however, feedback has suggested that having a combined Nepal wide picture of how everything fits together would be beneficial. We agree. So, here we go.

Firstly, I want to start with some thank-yous. We would not be doing this work if not for amazing partnerships. On the ground doing all the hard work on a day to day basis are our in-country partners. 3 Angels Nepal, and Tiny Hands Nepal/Love Justice. Captivating underwrites the entire anti-human trafficking interception, rehabilitation and prevention programs of 3 Angels Nepal, funding 80% of everything their amazing team of dedicated professionals do day-in and day-out. As you will read, their impact is incredible and life-changing. Captivating also funds the operation of 5 monitoring stations operated by Tiny Hands Nepal/Love Justice, another professional team focused not just on the interception of women believed to be in the process of being trafficked, but also the aggressive pursuit and prosecution of traffickers. Surrounding all of this is our partnership with the amazing team at Global Development Group - a group of professionals whose expertise lies in program governance and compliance with international development guidelines. Amongst other things, they ensure Captivating can provide tax-deductible donation receipts to donors from Australia, New Zealand, Hong Kong and the USA.



You will read that the past six months has seen the interception of 3,791 women (believed to be in the very process of being trafficked); 35 rescues (trafficking victims literally pulled out of brothels); 25 women supported through intensive and longer-term rehabilitation programs; 346 women working their own small businesses to improve their family income and prevent their daughters from considering migration and questionable work choices; an estimated 21 million having access to a Captivating funded radio station alerting them to the dangers of trafficking; and over 2,180 students and police being trained on anti-Human Trafficking tactics and prevention strategies (our ambassadors who will lead the charge moving forward and one day bring an end to this horrible business). This is significant and represents an incredible amount of hard work, sweat, and I can ensure you a lot of tears.

This is emotional and stressful work, and the consequences of not working at our very best are high - likely the difference between life and death for a girl missed at the border. So, we're all here to push things in 2020.

We hope, that in reading this report, you get a clear sense of how important (and significant) this work has become. What used to be a drop in the bucket has now become a giant splash for our combined impact. But, there is still so much more to do. We are all ready to expand and replicate, but we can't without your financial support. If you're reading this as a financial partner with us, we hope you feel a sense of ownership of the lives we are impacting together, and open to doing even more with us. This is not just a life-saving work, it's a game-changer for thousands of women in Nepal who are waiting for the chance.

Thanks for 2019. 2020...bigger, better, bolder.



## Our Partners



stopping girls  
before they are  
trafficked and  
lost forever

# Intercepting *girls*

Over the past year, 6,000 women and girls are stopped at our 11 Captivating funded monitoring stations in Nepal. We believe this simple act may have prevented many of them from a life of torture, abuse and slavery.

In cooperation with our Nepal-based partners, 3 Angels Nepal and Tiny Hands International, small but effective police-approved checkpoints have been set up near important border crossing or transit hub locations.

Trained staff with the approval to stop any suspicious looking cases, interview girls and their escorts to clarify legitimacy. Following risk-based questionnaires, suspicious cases will be investigated further, which may or may not lead to approval to proceed across the border.



Photo: A young girl intercepted at one of our monitoring stations

During **July to December 2019**  
all this was made possible thanks to  
our key donors:

**Marshall Family**



**Johnson Family &  
Penman Family**



**Jamoca Foundation**



**SILVER HERITAGE  
GROUP**

**Paula Whalen**



## July to December 2019 Impact

- **10,548** women were taken aside across **11** monitoring stations and interviewed by trained staff about their travel plans.
- **3,791** girls and women were **intercepted**. Monitoring station staff stopped these girls from progressing across the border due to staff having too many concerns about the risk factors surrounding the girl's desire to migrate.
- **325** girls were referred to the police because substantial, hard evidence was able to be given to police to confirm a trafficker was involved.
- Each intercepted girl was informed on what was likely happening, counselled as necessary, and either returned home or picked up by their families.

“I had no idea I was about to be trafficked. The man was very convincing. I am so disappointed because the great job opportunity was a lie.”

*spared*

## from the same fate as her sister

Mamata\* is 20. She is completing her studies in grade twelve at school. She has a family of seven members. Her father and mother are both farmers and illiterate. They wanted their children to study and have a better life than they do. They took a loan and made arrangements for their children to live and study in the capital city. She desperately wanted a job but was not successful in the few job interviews that she managed to secure.

She had a Facebook friend who used to call her regularly. He promised her a good job in India. She did not inform anyone about it and left her home, trusting him.

At the border, the staff of 3 Angels Nepal noticed they looked suspicious and intercepted them. They were then referred to the police for further investigation. Her family were called and asked to come and receive her.



Mamata was taken to the transit home to wait and the next day her brother arrived. Her brother revealed that two years ago their elder sister was trafficked. She was kept at a brothel until one day when she fell ill. She was then kicked out of the brothel. She was helpless in India and wandered the streets when she met a man from her home district. He found out that she did not have any money to return back to Nepal. He helped her get back to Nepal, but alas she died while undergoing treatment.

The brother was very worried about his younger sister's whereabouts fearing that the same fate had taken another sister. He was relieved when he heard that she was found at the border. Mamata received counselling and was made aware of human trafficking. They both vowed never again to trust strangers.

*\*names changed for privacy and protection*



*pregnant  
and alone*

Pramita\* is 17 and comes from a large family. Her father was jailed for molesting her older sister and her mother left and married another man. She stayed with her grandparents until finishing grade 5 at school. Then she decided she wanted a different life so together with one of her friends, left her village and arrived in the city. The girls finally found a job in a bar. They would get good wages and free food and rent. This was their opportunity to change their lives.

The bar had lights everywhere and entertaining music playing. The girls were praised for their hard work and were encouraged to work harder on making themselves look good. Pramita was excited when she was promoted to a private room, but that's when things changed and the harassment and 'special service' requests started. She told her manager but was only told that this was what happened at the bar and if she wanted to leave she could. Pramita was desperate for work and she needed the money so she was compelled to stay. The only way she could do what she needed to do was to get drunk and high on drugs. One day she realised she was pregnant. She was ashamed of her life but along with the many other girls in the bar, she saw no other way to make a living.

As time continued, it became obvious that she was pregnant. Her manager said that pregnant women would spoil the reputation of the bar and so settled her payment and fired her.

Not long after, the 3 Angels Nepal team were running a community awareness program and Pramita joined. After the program, she talked with one of the team members and shared her story. Counselling was given and the team are currently helping her get back on her feet together with her baby girl.



*stopped*  
just in time

Jayshra\* is from a large family. Her parents moved to the city to earn money for the family so Jayshra and her siblings lived with their grandparents.

She is one of the lucky ones who was able to get a good education and graduate as a teacher. She was offered a job in a school in a poor community. She was very excited for this opportunity and enjoyed the first few months of teaching. Her friends recommended for her to move to another school that pays better but her father did not approve. But, she moved to the area and took the job anyway.

Not long after she started working there, one of her male friends started to act differently towards her. She didn't have a good feeling about it so planned to leave the job. He found out about her plans to leave and so one night, he came to her room and gagged her and tied her up. He took her phone and threatened her. He put her in his 3 wheeler bike and headed for the Nepal/India border. While he was at the currency exchange booth, the border monitoring team noticed that they looked suspicious. The Police were called to search the man however he managed to run away before the police arrived.

Jayshra's parents were called and her father came to take her home. They were both counselled on the dangers of human trafficking and both Jayshra and her father are grateful that someone was there to stop Jayshra before she was trafficked across the border.

*\*names changed for privacy and protection*



## *interception* leads to trafficker conviction

Earlier in 2019, staff members from our partner, Tiny Hands Nepal / Love Justice International, intercepted four women at the Indo/Nepal border because their situation looked suspicious. During the interview process, it became evident that one of the women could be the trafficker. The other women were encouraged to file a case against their trafficker but they were reluctant to do so. Because of the staff suspicions, the women were not allowed to cross the border. They were sent home.

It was later found out that the suspicious woman threatened the others that she wouldn't return their money and that they will be sent back abroad again. Just a week after they were first intercepted, the three women, along with several others, were again on board on motorcycles to cross the border to India. When they reached India, they were forced to stay in an unknown place and were not fed properly. That was when one of the previously intercepted women finally confirmed that the woman who threatened them before was indeed a trafficker.

Thankfully, one of them remembered the counseling she had received from our partner's staff. She called their trafficker and demanded that they be released. Otherwise, they would report her and file a case against her. The trafficker agreed to let them go and two of the women immediately returned to Nepal. Upon their arrival, the two women sought the assistance of Tiny Hands Nepal to take legal actions against their perpetrator.

A Tiny Hands/Love Justice investigation team helped the women file a case and through coordination with the police, the case progressed until two traffickers were arrested and sentenced to prison for 2 ½ years. They were also required to pay Rs. 25,000 [US\$200] to the victims as penalty. Later on, two more traffickers were arrested and sentenced to 2 years in prison and required to pay the same amount to the victims.



## July to December 2019 Impact

*35 women  
rescued*

Between July to December 2019, 35 women and girls were rescued from brothels and pimps in Nepal and India.

All were referred to the safety of 3 Angels Nepal, Safe Haven for counselling and rehabilitation.

### INTERCEPTION vs RESCUE

**Interception** is when a girl is stopped BEFORE she is potentially trafficked.

**Rescue** is when a girl is freed AFTER she has been sold and trafficked.

*12 court cases  
registered with police and the local courts*

Our partners' legal teams (Tiny Hands and 3 Angels Nepal) will follow the proceedings and lead the cases against traffickers and rapists. The women involved in these cases remain at safe houses for their safety and protection. (Court case outcomes are listed on page 43)

During **July to December 2019** all this was made possible thanks to our key donors:



Jamoca Foundation Marshall Family



Paula Whalen



Johnson Family & Penman Family

“I'm eternally grateful that I was rescued. Now I'm safe. I know there are people who are watching out for me. I will have a fulfilling future.”



# RESCUING girls

## Trapped

and finally rescued

Rita\* was working as a child laborer since the age of 12. Because of the poverty of her family, she had no other choice. Her parents obtained loans which they could not repay so they gave their daughter to work to recover the debt. There she washed dishes and served tables.

As Rita grew older, the customers noticed her beauty and so her manager saw an opportunity to earn extra money. She was made to sleep with many men. As a child, she had no where else to go and she dared not disobey because of the shame it would cause to her family. It became clear that her family's debt would never be paid off. This was her future and she was trapped.

When our partner 3 Angels Nepal, found out about Rita, the local Ward Office was called in to help. Rita was rescued and is now safe at the Safe Haven for Women. She is being given counselling and skills training so she can be independent and self-sufficient.

*\*name changed for privacy and protection*

## Sold

to a dance bar

Anna\* is 19 years old. She was born in a poor family with many siblings. As a result, she was never able to go to school. Her parents are alcoholics and often fight and beat their children. To help her cope with life, Anna started drinking, smoking and stealing. Sadly, she tried to end her life. She was found unconscious and taken to a hospital. When she regained consciousness, she knew she couldn't pay the hospital fees so she fled.

She had no education and no skills. She started begging on the streets but after failing to get work she decided to sell her body. During this time, Anna met a young man who offered her a job in a Dance Bar. He promised that she would earn lots of money. She was told to do whatever was asked of her. Everyday she did 'what was asked of her'. After 3 months, she was refused wages but told that she was sold to the bar and so they didn't owe her anything.

Upon hearing this, she managed to escape and hide. She knew they would come looking for her because they made a lot of money from her services. She was lost, alone and had nothing and no one.

Staff from our partner 3 Angels Nepal noticed her and asked her some questions. It was clear to the team that she was in trouble and needed help. She told her story of pain, hurt and abuse. She told how she was sold and had nothing else to live for. She feared being sold again but didn't know what to do to help herself.

Because of the work she was involved in, she was suffering with diseases and substance abuse. The team referred her to an organisation that can help her through detox rehabilitation while receiving the medical treatment she needed.

*\*name changed for privacy and protection*

# To one person *be the world*



Daniella May | Captivating Administration Manager

I cried as I stood and watched a Madam arrange 'customers' for a young girl around the same age as my daughter (18 years). This young girl sees up to 8 men a day. This is her life and she sees no other way to survive in a world with little opportunities for an uneducated girl who is seen as an outcast in her community. I walked past countless 'guest houses' where I couldn't bear to think about what happens in those rooms.

A young mother sat on the bridge with her little baby and I wondered what the future would be for this precious little one – born into poverty.

I looked into the tear stained eyes of a young lady who was just rescued from India and saw brokenness. I couldn't even imagine what she'd been through.

It felt like the need is too big and how could we possibly reach so much desperation.



I met with students who participated in the new Hamro Abhiyan Anti-Trafficking program. Each student is now an advocate against trafficking with their peers, families and communities.

That's when the quote came to my mind that hangs on the wall in our office,

***"To the world you are one person, but to one person, you can be the world."***

This could not be more true of the work of Captivating and our partners in Nepal.

Each life is precious and we are constantly seeing the amazing impact that happens because of your generous giving. Thank you for being part of changing the world with us, one life at a time.

Then I met some girls whose lives have been changed because someone was there to help them.

I held a precious baby whose mother is 12 years of age. Both mother and baby are now safe with a new family who will love, care and give them the support they need.



Get Engaged in 2020

**STOP TRAFFICKING 5K**  
**MAY 2020**

Changing lives **1k** at a time

This year alone in **Nepal** – 20,000 women and girls will be trafficked.  
In the **Philippines** – 60,000 to 100,000 women and girls will be exploited.

Will you join us in raising funds to **STOP TRAFFICKING** in 2020?

How many people can you gather to run **5Ks** during **MAY**?

We'd love to hear from you

[www.stoptrafficking5k.org](http://www.stoptrafficking5k.org)  
[stoptrafficking5k@captivating.org](mailto:stoptrafficking5k@captivating.org)



changing lives **1k** at a time  
**MARATHON**  
**IN A MONTH**



SEPTEMBER 2020

In Nepal and the Philippines, girls are literally disappearing every day.  
Stolen. Exploited. Enslaved.

We're passionate about **STOPPING HUMAN TRAFFICKING**

Will you join us in 2020?

Changing lives **1k** at a time

We'd love to hear from you

[www.marathonmonth.org](http://www.marathonmonth.org)  
[marathonmonth@captivating.org](mailto:marathonmonth@captivating.org)



education is  
the key

# Hamro Abhiyan

## Anti-trafficking program

500 schools have been identified as the target schools for this program, spread across 5 hot-spot trafficking regions of Nepal. In total this represents 175,000 students. Most of these students are from poor, lower class families and considered easier targets by traffickers due to poverty and desperation.

EACH YEAR, 6,500 students will be handpicked from participating schools to complete the Hamro Abhiyan program (in total over 90 Hamro Abhiyan presentations will be made). These students will then be responsible for taking the message back to the rest of the school body covering an estimated 25,000 students per year. Handouts will be provided to each student for them to then take home to parents/ siblings with the indirect impact of the program being in excess of 100,000.

### July to December 2019 Impact

- **66 schools including 2,027 students** participated in the Hamro Abhiyan human trafficking awareness program.
- **2 groups of Nepali Army trainees totalling 153 people** also did the training.

A dedicated team of trained anti-trafficking experts run the Hamro Abhiyan program which tackles 5 key points in the fight against trafficking. This is done in smaller module/group exercises including games and lots of interaction. Each group will consist of 15 students:

- 1 CAUSES** - What are the major causes behind human trafficking and what they can do to safeguard themselves and their families from the likelihood of being trafficked.
- 2 CONSEQUENSES** - What happens to a person when they are trafficked and how is their life impacted.
- 3 REHABILITATION** - What happens to a survivor of trafficking. This station talks about creating a positive attitude towards the survivor rather than the traditional view of being shunned and cast out of the community.
- 4 MY BODY** - What boundaries need to be adhered to and how can young people protect themselves.
- 5 CAUTION** - When there is an awareness of the dangers of trafficking, there is now a duty to talk about it and share it with others. How does a person do that.



During **July to December 2019**

all this was made possible thanks to our key donors:



Jamoca Foundation Marshall Family



Paula Whalen



Johnson Family & Penman Family

“The Hamro Abhiyan program is highly acclaimed and has already won the “2019 Asian Leadership Award” for the best trafficking prevention strategy.”

## The Hamro Abhiyan *team*

This vibrant team of 8 young people travel from Pokhara 3 Angels Nepal Head Office to each of the 6 regions of Nepal to facilitate the Hamro Abhiyan Anti-Trafficking program in schools.

Each team member has their own story to share which gives them passion and commitment to share this much needed information to students who don't understand the dangers of trafficking and the lies that traffickers use to lure young people (particularly girls) from their families and are often never seen again.

Being young, energetic people themselves, they have a real rapport with the students. They turn this very important and often awkward topic, into something that students are comfortable to talk about. They create a safe environment where stories are shared and conversations happen that potentially save lives.

This team is changing the world... one school at a time.



## The award winning *Hamro Abhiyan* program

The newly developed Hamro Abhiyan program is highly acclaimed and has already won the "2019 Asian Leadership Award" for the best trafficking prevention strategy.

The program will not only benefit school students but has also been endorsed by the government for roll-out to their police force and other associated department officials.

Congratulations to 3 Angels Nepal for all the hard work in developing such a recognised program. We are proud to partner with you.



The principal of one of the secondary schools who participated in the Hamro Abhiyan program during November 2019, thanked the 3 Angels Nepal Team for conducting a powerful and convincing program at their school. He said he is grateful that his students had a good opportunity to learn about human trafficking. He told the team,

*"I have challenged the students to share what they have learned to raise awareness among people in their area and be part of a cure to the disease called human trafficking and help to eradicate it from our society and from our beautiful country."*



# My Business My Freedom

small business solutions for women

## Microfinance

Until a vulnerable woman is helped to address her poverty, she will still be attracted to the prospect of migration out of her home village. This is a high risk change for her and leaves her vulnerable to trafficking.

My Business-My Freedom aims to help targeted women address their poverty. This program will change their lives. And, it's all controlled by them. We'll help each woman establish HER own business, focused on ensuring HER continued freedom, and the freedom of her children.

“The driving cause of Human Trafficking in Nepal is EXTREME POVERTY. Until this is addressed, desperate women will continue to take up any opportunity they can for a better life – no matter how great the risk.



During **July to December 2019** the My Business My Freedom Project was made possible thanks to our key donor:

**Jamoca Foundation**

## July to December 2019 Impact

**432 women are currently part of the My Business My Freedom women's groups.** Not all these women have received a micro-loan yet. They are part of regular training and mentorship programs and when they are ready, they will be issued with a micro-loan.

**85 women received their very first microloan** through this program, which brings the total to 346 women who now have their own small businesses.

There are currently **34 women's groups** located throughout 3 regions of Nepal.

**This program will expand by 200 women every year** subject to additional loan capital funding.



## Leaving poverty *behind*

Sunita lives with her husband and two daughters. Her husband earned a meager income and they were not able to pay the school fees for their daughter's education.

When she heard about the My Business My Freedom (MBMF) Program being conducted in her community she attended an orientation program. She was excited with the opportunity that could be hers if she could join the program. She was willing to learn and work hard. She wanted the best for her daughter.

She shared her challenges and financial difficulties with the MBMF staff. Following training, she was provided with a micro-loan to start a small restaurant (selling tea, snacks, chow Mein, Momo). This was a year ago. Slowly her business began to grow. She was able to repay the monthly instalments on time and after re-paying the first loan in eight months, she applied for a second micro-loan to expand her business further.

Now she is not only able to pay tuition fees for her children and pay the monthly loan repayments, but she has also been able to start putting some savings money aside.

She said that the My Business My Freedom program has alleviated her family from poverty. She is able to make a good profit each month.



## Single mom *changing the world* for herself and her daughter

Kamala did not have the opportunity to attend school. As a child, her family was so desperate they struggled to eat 2 meals a day.

She was married at the age of 15 and after a year, she had a baby girl. Her abusive and drunk husband left her after giving birth to a daughter.

She found a job as a housemaid to earn money for her and her daughter. During this time she learnt tailoring. She was determined to be able to send her daughter to school and so she got another job washing clothes and dishes and whatever work people offered her.

She was able to save here and there and finally was able to buy a tailoring machine but she still needed to purchase fabric so she could make clothes to sell.

A year ago, Kamala joined the My Business My Freedom Program and with her first micro-loan she purchased another tailoring machine and some fabric. Her small business started to grow and her profits increased. Now she is able to provide employment to another woman who was in the same position of poverty like she was.

As a single mom, neighbors and relatives didn't loan her any money because they didn't trust that she could repay the money. Kamala's whole world changed when she was given the opportunity to grow her skills and become a small business owner. Her new found confidence and respect in the community is more than Kamala could have dreamed about. Her daughter is now studying in high-school and aspires to become an engineer. This mother and daughter will continue to change not only their world, but also those around them.





## Women's groups *are providing*

- ♡ Budgeting Skills
- ♡ Support
- ♡ Accountability
- ♡ Encouragement



## A future for her *children*

Yam Rana was married 13 years ago and has a daughter and a son. She and her husband struggled to provide for their family which meant they could not send their children to school.

She heard about the **My Business My Freedom** Program and attended an orientation session. This was an opportunity she knew would help her to grow an income and be able to give her children an education.

After training in budgeting and small business management, Yam Rana received her first microloan in June 2019. She bought four small goats. Within 6 months, the goats were ready to sell and she more than doubled her investment. After repaying her microloan, she received her second microloan and plans to increase the number of goats as well as build a shed for them. As her small business grows and she earns more, she is confident she will be able to enroll her children in school. She is excited to be able to give her children a good future.

Nobody trusted her to give her a loan thinking that she would not be able to pay it back. Now, she is part of a group of women who are accountable to each other and encouraging when they have down days. We think Yam Rana's smile says it all. The **My Business My Freedom** Program has changed her life.



# Visit the work of Captivating in Nepal



## April 2021

This trip offers the opportunity to escape Nepal's tourist trails, to visit some of the less known parts of the country. Will also visit projects to see firsthand the work being done in Nepal by Captivating and our partners.

### AT A GLANCE



3 Meals  
Per Day  
Provided



All Domestic  
Transport  
Provided



A Group of 10  
Like-minded  
Travelers



English  
Speaking  
Guides



3 Star  
Accommodation  
and Tea Houses  
on Trek

### Fast Facts

- April 2021 - 8 days in country (travel time to and from Nepal not included)
- Non Refundable Registration Fee US\$500 pp
- Travel Cost US\$1,250\* pp (\*guide only TBC, includes registration fee)
- Minimum 7 Maximum 10 persons



topoftheworld@captivating.org

### Itinerary at a glance (B,L,D = Breakfast, Lunch and Dinner)

**Day 1** – Arrive in Kathmandu - free time sight seeing in ancient Kathmandu followed by dinner with the group (D)

**Day 2** – Domestic flight to Bhairahawa for monitoring station project visit – visit local school based trafficking prevention program – air-conditioned bus trip to Chitwan (2-3 hrs) – Cultural Show – (B,L,D)

**Day 3** – Early morning Elephant safari - visit microfinance women's businesses in Chitwan – visit project help desk in Chitwan community – air-conditioned bus trip to Pokhara (4-5 hrs) - (B,L,D)

**Day 4** – Early morning canoe trip and hike to world famous Peace Stupa - Visit 3AN head office – visit Women's Safe Haven – visit microfinance women's businesses – free time / sightseeing for the afternoon (optional paraglide at extra cost) - (B,L,D)

**Day 5** – Drive to Ghandruk by Jeep (3/4 hr) – Lunch at Ghandruk with magnificent views - Trek to Tadapani – (3hrs). Overnight at Tadapani – (moderate intensity trekking (B,L,D)

**Day 6** – Trek to Ghorepani (5hrs) - Enjoy the magnificent views of Tadapani (moderate intensity trekking) (B,L,D)

**Day 7** – Trek to Poonhill (1hr) - Sunrise views and Dhaulagiri views from Poonhill - Trek to Ulleri (4-5 hrs) – Jeep ride back to Pokhara (moderate intensity trekking) (B,L,D)

**Day 8** - Domestic flight to Kathmandu (B)

### WHAT'S NOT INCLUDED?

- International airfares to and from Kathmandu
- Travel insurance (compulsory)
- Nepal Visa
- Meals and drinks not mentioned in itinerary (alcohol not included)
- Tours/activities not mentioned in itinerary
- Personal expenditure
- Tips and gratuities

relationship  
rehabilitation  
restoration

# A Safe Haven

*for women rescued from human trafficking*



Photo Courtesy of BrookeArtStudio

“For these women and girls, as victims of human trafficking, there are no parents to help them, no homes to hide in and no friends to confide in. They are frightened and alone. Just imagine being far from home, surrounded by strangers and sometimes family, who abuse you daily; living in constant fear with no means of escape - with no hope.”

~ 3 Angels Nepal



Relationship

The first challenge is to build up a relationship with the girls. A relationship of trust. This can take days or even months to achieve, as many of the young girls are extremely distraught and deeply unsettled. Once the girls are strong enough, they are offered counselling to try and heal some of the emotional pain they have suffered.



Rehabilitation

Intentional effort is taken to work towards providing education and equipping them with useful skills they can use to contribute to society and lead independent lives. These skills include sewing, gardening, baking, health and hygiene and a craft that they can develop that will allow them a small income to live on.



Restoration

Sometimes it's possible to re-integrate the girls back into their original communities or with their families. If this is not possible, help is provided to get them established into new communities to which they can contribute with their new skills and start a fresh new life.



**12 women/girls are currently at the Safe Haven.** They stay for as long as they need until they are ready for the next phase of their lives. During their time there, they receive training in a particular skill that they can utilize to start their own business or for local employment once they are ready to re-enter the community. Some will be employed by 3 Angels Nepal or other NGOs.

**In total, 25 women were supported in the Safe Haven** during the July to December period.

**A case that was registered with police and the local courts a year ago has finally concluded with the trafficker being sentenced to 7 years in prison and ordered to pay a fine of Rs. 50,000 (US\$430).** The teenage girl stayed at the Safe Haven during the court case and the 3 Angels Nepal team followed the proceedings and led the case against this trafficker.

**2 young girls have given birth at the Safe Haven.** Due to major concerns about their personal safety regarding the father, the team will help take care of these young mothers and their babies until they are ready to safely reintegrate into the community and be independent.



During **July to December 2019**  
all this was made possible thanks to our key donors:

**The Velez Family**

**Paula Whalen**

## *Survivor* and her new life

She was trafficked into India and locked in a room. The heartbreaking fact was that she knew her trafficker. Terrified and alone, she managed to use a phone in secret one day to contact her brother. Her brother heard about 3 Angels Nepal through the 3ACR radio station and quickly contacted them for help. After careful planning with police and government parties, a small team went to India to rescue her. She was brought to the safety of the Safe Haven where she was given counselling and support to file a court case against the trafficker.

Over the next few months, she grew stronger and decided this would not stop her from living a full life. She participated in a certified cooking program and received her certificate. She started sharing her story via the radio and her confidence grew. It takes time to heal and recover from such betrayal and abuse, yet this lady has found an inner strength to move forward.

This young lady is now working for a community radio station in her local area. She is a huge advocate for women and speaks out against trafficking. We are so proud of this young lady and her new life of empowerment and employment.



## *Outcast* in her community

Nirobi was born to a low caste (although illegal, it still occurs) in Nepal and was very poor. She got married and had her first child when she was fourteen years of age. She now has 4 daughters and a son. When her husband passed away, she became an outcast in her community. Widows are not cared for and are not given any work. This made it very difficult for her children. As soon as they were able, they got married and moved away from home.

One night, when all the other family members were away, her son-in-law entered her room and raped her. She was so ashamed and tried to hide it but when she fell ill, she had to tell her daughter. Her daughter took her to the police station when she filed a case against him. Her son-in-law is now in jail. It was discovered that her son-in-law had promised friends to pimp her out in order to make money.

Because of the fear of her son-in-law's promise to his friends, and the fact that she had no where else to go, she was referred to the Safe Haven. She received medical treatment and counselling. She is hoping to learn a vocational skill that will help her become self-sufficient. This is important for her as she cannot go back to her family. At the Safe Haven, Nirobi is loved, valued and respected. She will have a bright future.

## Special Celebration *for survivors* of human trafficking

Over the years, hundreds of women and girls have spent life saving time at our partner's Safe Haven in Nepal. The team is intentional at spending time with each individual and helps them through the tough journey of rehabilitation. It is encouraging to see women and girls heal through confidence building and sustainable skills development.

Earlier this month, 3 Angels Nepal (3AN) took the time to celebrate with many of these women who are now standing on their own two feet, independent and for many, safely reintegrated back in their communities. Each of the 86 women who attended this celebration had a painful and private story but one that has turned into joy and opportunity. We are proud to partner with 3AN in this life saving program. As we close 2019 and embark on a new year in 2020, we know many more women will find healing and safety at the Safe Haven.





Julie Colquhoun, Co-founder of Captivating at a project visit

broadcasting  
to 96% of  
Nepal

# 3ACR Community radio

“Education is crucial for preventing many of the horrors that we see around us. To this end we are focusing our attention on reaching the remote communities that are targeted by human traffickers.”  
~ 3 Angels Nepal

## July to December 2019 Impact

- 
 3ACR broadcasts for 17 hours every day covering 72 districts and is linked with 42 relay stations, reaching an estimated audience of over 21 million Nepali people.
- 
 A local mother's group received a two day training session on the 'Art of speaking and women empowerment'. They were taught about the issues of health and hygiene, anti-human trafficking, and public speaking. This helps empower these women to have a voice in their community and speak out about injustices they might see.
- 
 26 students were selected and provided training and experience on public speaking and program hosting by the radio team.
- 
 3ACR staff visited 10 schools and spoke with the students about human-trafficking and organised recordings for the children's radio program.



Women's Group

## Passion creates *advocacy*

This young lady volunteered at 3ACR for 3 months. As a teacher in a local school, she has a passion for children's rights and a strong desire to join the fight against trafficking.

After her three months of volunteering, the station manager offered her employment at the station. She is now leading the children's program and has received several requests from schools and parents to visit and talk with the students. Because of this passion, the advocacy of children's and women's rights will continue to spread throughout Nepal.



During **July to December 2019** all this was made possible thanks to our key donors:



Johnson Family & Penman Family

AMROSIA  
global sourcing and inspection

T & M Shelton

## Meet the 3ACR team

This team of energetic, tech savvy individuals work hard to write programs and visit communities to share what's on their hearts. Keeping in tune with the core values of 3ACR to educate people on the dangers that child traffickers in Nepal pose to their girls and to alert them to the many tricks that such traffickers use, this team is committed to the fight against trafficking and abuse in Nepal.

## 3ACR core programs

- 1) **Nepali Cheli** – This program talks about human trafficking and how Nepali women are being exploited and trafficked. As well as local business women sharing their success and encouraging women that they can do anything if they have the opportunity.
- 2) **BalBagaicha** (Children's Garden) – This is a children's program where students and teachers are often interviewed about children's rights, human trafficking as well as the early child marriage practices in their community. It includes fun things like competitions and music.
- 3) **Swasthanaidhan** – Discussions on health and hygiene are aired as well as interviews with doctors and community health workers.
- 4) **Legal Aid** –The legal aid offered encourages people to know about the due process of law and to understand the legal processes.
- 5) **Voice of the People** – The 3ACR team hit the streets and interview community members where they share their views on human-trafficking, domestic violence and other social issues.
- 6) **Agriculture Special** - Essential tips and information is discussed about farming, seasonal farming, and off seasonal vegetable growing ideas.



## Other activities

during July to December 2019



**148 missing persons reports were filed** across 5 regions in Nepal. Everyday, girls go missing. Some are found while others are never seen again.

When a missing persons report is filed, staff work with the family to try and contact the missing person. If unsuccessful, the staff help the family file the report with the police, then inform monitoring stations and various government departments and NGOs.

**21 missing persons were found** with the help of police, government departments and other NGOs.

**605 Nepali people received advice about their rights and how to pursue legal help.** This service provides help and advice for those who are abused, or victimized. Some cases are referred to local lawyers for further follow up and others are handled by our partners' legal team.

Teams supported by Captivating throughout Nepal participated in a day of celebration on the **71st anniversary of the United Nations Declaration of Human Rights** in December 2019. The rally day included government departments and like-minded organizations marching against trafficking – committed to protecting respect and human rights.



*Good news!* Our partners' legal teams have seen:



**1 trafficker sentenced to 7 years in prison** and a Rs. 50,000 [US\$430 ] fine issued by the court. (Our partner 3AN led this case)



**2 traffickers sentenced to 2 ½ years prison** and Rs. 25,000 [US\$200] fines issued by the court. (Our partner Tiny Hands led these cases)



**2 traffickers sentenced to 2 years prison** and Rs. 25,000 [US\$200] fines issued by the court. (Our partner Tiny Hands led these cases)

**Over 50 long-distance transport drivers attended an awareness program.** The issue of human trafficking, related laws and regulations were discussed.

Public transport drivers play a significant role in controlling violence against women, trafficking and illegal transportation of human beings. Most of the drivers are uneducated and illiterate. There have been many incidences where public transport staff have been involved in trafficking, rape cases and violence against women in Nepal.



This meeting has helped strengthen the coordination with public transport staff.



financial  
independence

# Self Sustainability

for 3 Angels Nepal

There are currently several options for self-sustainability being trialed with our partner 3 Angels Nepal (3AN).

This is a new initiative to establish sustainable operations controlled and operated by Captivating funded regional programs (with 3AN). The aim is to generate annual profits that will help fund the operating costs of the monitoring stations (progressively decreasing reliance on foreign donations).

## MICROFINANCE

Through continued expansion of the My Business My Freedom program, profits (where interest income exceeds operating expenses) will start to be used to fund existing 3AN programs. It is expected this will become the cornerstone of 3AN's sustainability plan.

## MORINGA FARMING

Moringa trees are very resilient, fast growing and drought-resistant. The seed pods and leaves are used for eating but the leaves are in demand the most and widely used for medicinal purposes.

The trees take 1 year to grow, ready for the first harvest. Harvesting the leaves can take place 3 times each year. 10 acres of land has been leased to grow Moringa Trees.

## VEGETABLE FARMING

1.25 acres of land has been leased to grow a wide array of vegetables.

## July to December 2019 Impact



During July to December 2019 all this was made possible thanks to our key donor:

**Paula Whalen**



To the world  
you maybe

*one person*

but to one person  
you can be

*the world*

# You can become involved today

## Questions about a project?

Contact us – [info@captivating.org](mailto:info@captivating.org)

Be a Corporate Partner – Contact us at [info@captivating.org](mailto:info@captivating.org)

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