

# Beauty from Ashes

STOPPING HUMAN TRAFFICKING IN NEPAL



**CAPTIVATING**

JULY TO DECEMBER 2022

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### INTERCEPTION AND RESCUE

- **208 girls** were referred to the police
- **2,820 girls and women** were intercepted
- **7,426 women** were taken aside and interviewed by trained staff about their travel plans due to signs of suspicious behavior
- **21 girls and young women** were rescued from hotel and brothels in Nepal and India

### AWARENESS PROGRAMS

- **23 schools** hosted the program
- **1,991 students** participated
- **120 army and police** participated

### MICROFINANCE PROGRAM

- **649 women** have started their small business since the program started
- **837 women** are part of the program's women's groups receiving regular training and mentoring
- **66 women** received their very first microloan these past six months
- **67 women's groups** exist comprising of 12 to 25 members for each group

## JULY TO DECEMBER 2022

## Impact

### SAFE HAVEN

- **34 women / girls** were supported at the Safe Haven
- **14 participated** in the three-month tailoring training

### LEGAL ASSISTANCE

- **23 traffickers were arrested**
- **344 women** received legal assistance

### 3 ANGELS COMMUNITY RADIO

- **385,000 estimated listeners**
- **134,100 active listeners** on 3ACR App
- **1,783 callers** to the radio station
- **3,167 followers** on recently launched 3AN TikTok account



# Message FROM THE CEO

To our dear supporters of Captivating in Nepal,

Welcome to a new year. I hope 2023 is a rewarding year for you and your family, filled with blessings and great memories.

Thank you for your support and encouragement of our continuing work in Nepal. Since 2015, Captivating has been working to fight against human trafficking and have, to date, directly impacted over **30,000 lives** in the process. This only happens with your generosity and support.

This report aims to summarise all of the key activities during the July to December 2022 period. We are very happy with the results and, as always, want to recognise the amazing efforts of our two on-the-ground partners in Nepal - 3 Angels Nepal, and Aasaman Nepal. Fundraising to support this work is challenging, but nothing compares to the daily challenges faced on the ground by these amazing organizations helping to alleviate the suffering and trauma felt by so many young girls and women. We will keep fighting to bring genuine hope to those most at risk for as long as we have breath.

2023 brings with it a measure of excitement as we continue to look for ways to expand our work in Nepal. We have several new initiatives that will be rolling out, building on the success of our core anti-human trafficking programs.

2023 also brings to us new members of the Captivating support team for Nepal. I'm thrilled to welcome Kayla Moraleja, Ashley Stahle, and Jazhper Sanidad to our communications team. You will get to know them quite well over these next few years. We also acknowledge the amazing work by Daniella May who sadly finished up with Captivating in December 2022. For over seven years, Daniella has continued to progress all communications at Captivating. She has been brilliant. Daniella, you're an amazing talent and Captivating is so much better because of your tireless work. It is said we can all advance because we stand on the shoulders of giants. That's what you are to us Daniella. Thanks for all you've done for young women and moms in Nepal, China and the Philippines. We'll miss you.

Blessings and best wishes to all of you for the year ahead. 2023 - Let's do this!



**Andrew Colquhoun**  
CEO & Co-Founder | Captivating





# Intercepting Girls

**STOPPING GIRLS BEFORE THEY ARE TRAFFICKED  
AND LOST FOREVER**

Take a moment to think about the life you live in the country you live in. Now, imagine you were born in a different country. If you are a girl, born into poverty, to a family who doesn't value females, your life is not yours. Everything will be dictated to you; who you will marry, when you will marry, whether or not you will go to school. Your future is completely out of your hands and what you also don't know, is that there are people who see a target on your back and are willing to sell you into a life where you have absolutely no freedom or choices so that they can make money. All because of the country you are born into.

Our seven monitoring station teams work closely with police and local government bodies to help intercept and stop girls before they are taken across the border. Most of these girls are totally unaware of the danger they are in and the fate that befalls them on the other side of the border. This is the last line of defense for a girl before she is trafficked – in a world where a Nepali girl is trafficked every 17 minutes\*.

*\*estimated by our field partner 3 Angels Nepal*



## JULY TO DECEMBER 2022 IMPACT

Captivating fully funds the anti-human trafficking work of 3 Angels Nepal. In total, this includes seven monitoring stations throughout Nepal.

- **7,426 women were taken aside and interviewed** by trained staff about their travel plans.
- **2,820 girls and women were intercepted.** Monitoring station staff stopped these girls from progressing across the border due to staff having too many concerns about the risk factors surrounding the girl's desire to migrate. Staff were concerned that they were in the process of being trafficked.
- **208 girls and women were referred to the police** because substantial, hard evidence could be provided to confirm the involvement of a trafficker.

Each intercepted girl was informed of what was likely happening, counseled as necessary, and either returned home or picked up by their family. Some were referred to safe houses as they couldn't return home due to safety concerns. In all cases, the police record the details of "intercepted" girls/women and they are required to report to their local police office to confirm that they have safely returned home.

*All names in the stories that follow have been changed for privacy and protection.*

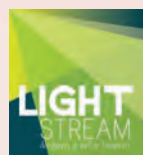
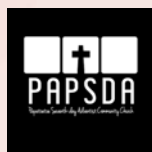
### MADE POSSIBLE THANKS TO OUR KEY DONORS:



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## Saved FROM A FATE WORSE THAN DEATH

Bela is 18 years of age. When our staff were monitoring the border, they noticed a young girl who looked bruised and battered traveling with a man. Her face was swollen, her eyes were puffy, and she claimed she was traveling with her brother. She hesitated to answer our questions but after taking her to the booth and interviewing her separately, she revealed that he was her Facebook friend whom she met a year ago.

She explained that the guy requested that she meet him in the city area. The man was old and different from what she saw on his Facebook profile, so she was disappointed. She was taken to a hotel room and raped. In addition to this, he invited his friends there too. She was blackmailed to keep the event a secret.

Terrified, she agreed to board a bus to India. It was a timely interception that prevented her from being sold in India. The guy was handed over to the police while she was reunited with her brother and sister at the border the next day. Bela is thankful that there was someone there who was watching out for girls like her and stepped in to save her from a fate worse than death.



## Fake Sister

Kanya (17) was intercepted at the border with a woman who claimed to be her sister. They wished to have medical treatment in India but could not describe the disease or show the necessary documents.

After contacting her parents, they said that they were unaware of her travel, or the woman, or the treatment. They requested to stop them from crossing the border. After further questioning, it was revealed that the woman was a stranger who had promised to provide for her near the Indian border. The woman was sent to the police for investigation while Kanya was reunited with her father.







## THE DESIRE FOR *Financial Stability*

Nashita (19) was intercepted at the border. She was traveling alone to visit her friend across the border. At first, she claimed her friend to be her friend from the village but soon revealed that he was a Facebook friend. The man had invited her across the border and promised her a good-paying job.

Due to her desire for a high-paying job, Nashita easily believed him and left her job as a housemaid. When her mother was contacted, she requested to stop Nashita from crossing. She stayed in our transit house for two days until her mother came to receive her. She was informed as well about pimps who lure young and financially weak girls and traffic them. Police found the guy through the information given by Nashita and he is now in police custody for further investigation.



## A MEDICAL EXCUSE TO CROSS

### *The Border*

Hema (15) was intercepted at the border. She claimed that she was traveling to have a medical check-up in India with her aunt. They lacked documents supporting their claim and tried to fool the investigators. They were interviewed separately and her mother was contacted.

It was discovered that she had run away from home due to the financial hardship in her family. The woman was a pimp who lured Hema by making her dream about the fortune she would be earning in India.

She stayed in our transit home overnight and was reunited with her brother the next day. Both were educated about human trafficking and the ways that pimps try to lure young girls. The pimp was handed to the police.

# Rescuing Girls

Rescuing girls is a dangerous job. Traffickers will do whatever it takes to keep their source of income. Careful planning with police and local authorities is essential to a successful and safe rescue.

When a girl is rescued, she is broken and at her very lowest. Her dignity has been taken, her confidence lost, and her faith and trust in humanity gone. When our trained team of professionals rescues her, she is cared for with intentional nurture and love. Sometimes she is able to go back home to her family, other times her home is not safe and she is referred to our Women's Safe Haven for further care and support.

During each stage of her rehabilitation, after she is rescued, our team is there with support and encouragement.

## JULY TO DECEMBER 2022 IMPACT

**21 girls and young women** were rescued from hotels and brothels in Nepal and India.

*Please note that all names in the following stories have been changed for privacy and protection.*

### MADE POSSIBLE THANKS TO OUR KEY DONORS:



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## RESCUED FROM INDIA

Tarini, 21, is from a rural part of Nepal. After the untimely death of her husband, her in-laws mistreated her physically and mentally. She found it easier to run away and start from scratch than to endure the abuse.

In this vulnerable state, her relative lured her in the false hope of getting a good job opportunity in India at a big company. Believing in her relative, she moved to India but later regretted her decision. She was forced into sex industry activities rather than working in a big company.

One day, Tarini called her sister secretly and told her everything that had happened. With the help of local authorities, local police, and Indian police, she was rescued and her sister-in-law was arrested.



## TRICKED & TRAPPED

Two sisters, (16 and 18) with their friend (18) worked as housemaids and skipped school because they wanted to earn money to have a better life.

While working, a man tempted them to work as baristas in a hotel in a neighboring area. Showing them the pictures of the big hotels, he sold them the dream of earning lots of money. After consulting their parents, the three girls agreed, but the truth was far from their imagination. The young girls were deceived and made to serve and sleep with the guests. They were trapped.

The girls were discovered during a hotel visit. Initially, they lied about willingly doing this work on their own but later revealed that they were tricked and trapped.

The girls were rescued from the hotel and provided with counseling. They agreed to return to their parents and their parents were made aware of trafficking and the seriousness of their situation. The hotel is under investigation by the local police.



## TRAFFICKER ARRESTED

Rati's mother reported to the local authorities that her daughter was missing. She has been searching for her for two months and had just heard word from Rati that she is in India and held captive and tortured and abused. The case was referred to our team who coordinated with Indian police and the Nepal Embassy to rescue her.

After a lot of careful planning, the rescue was a success and Rati is now safely with her mother again. Her trafficker was arrested by police and is now facing human trafficking charges.



# Hamro Abhiyan

## ANTI-TRAFFICKING AWARENESS PROGRAM

The award-winning Hamro Abhiyan Anti-Human Trafficking Awareness Program is continuing to have a far-reaching effect across Nepal. Programs are conducted in schools and police/army training facilities across seven regions of Nepal.

The aim of this program is to create a ripple effect of people talking about this issue and helping to become part of the solution. It's an interactive program that creates positive discussions about real life situations as well as games to help reinforce the topic. When more people are aware that this is a huge issue, we believe that this will help to create communities of people who will stand up and say no to trafficking.

This program also helps to instill value in those who have been trafficked or abused. In this culture, in many occasions they are abandoned and rejected by their families and their community. When light is shone on what trafficking really is and how what happens to you doesn't define you, whole communities can change.



We are passionate about this prevention strategy and will continue to roll it out across Nepal.

Each of the five different groups tackles an important issue.

## CAUSES

What are the major causes behind human trafficking and what can people do to safeguard themselves and their families from the likelihood of being trafficked.

## CONSEQUENCES

What happens to a person when they are trafficked and how is their life impacted.

## CAUTION

When there is awareness of the dangers of trafficking, there is a duty to talk about it and share it with others.

## MY BODY

What boundaries need to be adhered to and how can young people protect themselves.

## REHABILITATION

What happens to a survivor of trafficking. We can create a positive attitude towards the survivor rather than the traditional view of being shunned and cast out to the community.



## JULY TO DECEMBER 2022 IMPACT

- **23 schools** hosted the program
- **1,991 students** participated
- **120 army and police** participated

## MADE POSSIBLE THANKS TO OUR KEY DONORS:

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# NATIONAL ANTI-TRAFFICKING *Awareness Day*

September 5 was National Anti-Human Trafficking Day in Nepal. A secondary boarding school participated in the Hamro Abhiyan Program on this day and reported a huge impact. 77 students participated and even after the program has concluded, the conversations continued. All the students and staff benefitted from having conversations about the very relevant topic of human trafficking in Nepal.



## IMPACTING 180 *Students* IN ONE DAY

Our team is always busy traveling from school to school to conduct the Hamro Abhiyan Program, and on this particular day, they found themselves conducting two programs in one day over two schools, impacting 180 students plus their teachers.

The interactive teaching method used in this education and awareness program is seeing a lasting impact on students to be able to understand and remember important information.









# My Business My Freedom

## **MICROFINANCE PROGRAM FOR WOMEN AT-RISK OF HUMAN TRAFFICKING**

The My Business My Freedom Program aims to help a woman trapped in poverty with little to no income-generating opportunities. This leaves her vulnerable and an easy target for traffickers. Establishing her own small business, and generating her own income, brings her freedom and independence. This also builds her confidence in her abilities while establishing a reputable standing in her community. Her children see that she is capable. Other women see that she is able to generate her own income. She is a light in her community.



Lifting a woman trapped in poverty and empowering her with skills and knowledge is a journey. When she joins the My Business My Freedom program she is on her way to a new beginning.

- A woman receives training on how to run her own business, including advice on successful business opportunities.
- She is mentored through the process of money management, savings, how to budget, and basic business skills.
- She is connected to a group of other women in similar circumstances, forming a loan collective that supports and looks out for each other through the years to follow.
- She is given a loan to get her started. Once she has successfully repaid this, she will be eligible to take out future loans at higher values until she no longer requires support.
- Throughout this whole process, she will have the support and guidance of her loan officer and her new community group.

## JULY TO DECEMBER 2022 IMPACT

- **649 women** received a loan and started their own businesses since the start of MBMF.
- **837 women** are part of the program's women's groups receiving regular training and mentoring.
- **66 women** received their very first microloan through this program from July to December 2022. They completed their training and are ready for the next step with support from the MBMF team.
- **67 women's groups** are located throughout three regions of Nepal. There are around 12 to 25 women in each group. They meet monthly and are accountable to each other to keep on top of their loan repayments. They encourage and support each other through tough times and celebrate with each other during happy times like when a baby is born or when loans are repaid.

**MADE POSSIBLE THANKS TO OUR KEY DONORS:**



**JENNIFER B.**

**KINGSCLIFF SDA**

**ADD-CARE**

**THE SURABAYA  
SUPPORTERS**

# A Better life

## FOR KIRAN

*"People suffer from financial hardship, and even a little help can make a great difference in their lives", says Kiran.*

Kiran experienced a positive change in her life when she joined the My Business My Freedom Program. She took the first loan of Rs 30,000 [US\$220] and started a small shop. This has brought her an opportunity to support her children with their studies and help her husband with income. She is optimistic about uplifting her family from poverty. Her family is joyful now and grateful for the help they are receiving.





# Basanti's Vegetables

*"I've learned to use my resources effectively through the My Business My Freedom program."*



Basanti has a family of five members. Her husband was the only source of income and they were facing financial hardships. The dream of starting her small business received a ray of hope when Basanti heard of the My Business My Freedom Program.



She had land but it was barren due to a lack of support, ideas, and encouragement. She took her first microloan of Rs 30,000 [US\$220] from the program and invested it to grow vegetables. The never-ending demand for fresh vegetables has kept her busy. *"My business is blooming like the flowers of spring"*, she says with a beaming face.

Basanti is very motivated to work hard and the profits from her hard work have reduced the burden of financial troubles in her family. The vegetables are growing and she has started selling green chilies in the market.

## A SUCCESSFUL ENTREPRENEUR

*"This loan has changed my life."*

Shova runs a small grocery store which she started running alone shortly after the death of her husband. She faced losses due to low investment and resources that did not allow her to keep adequate quantities of goods. Bringing up her children and educating them was not easy for her to do on her own.

She found out about the My Business My Freedom Program while trying to look for a job. She joined the program and after adequate training, she received her first microloan of Rs 30,000 [US\$220]. She successfully repaid her first loan and took out two more over the course of the past two years.



She started goat farming and her business is booming. She is very happy and proud that she is able to earn an income that is supporting her family.

Shova explains, *"I never thought I would be able to run my own business, much less a successful business. I now don't have to worry about providing food and education for my children. My future and the future for my children is bright".*

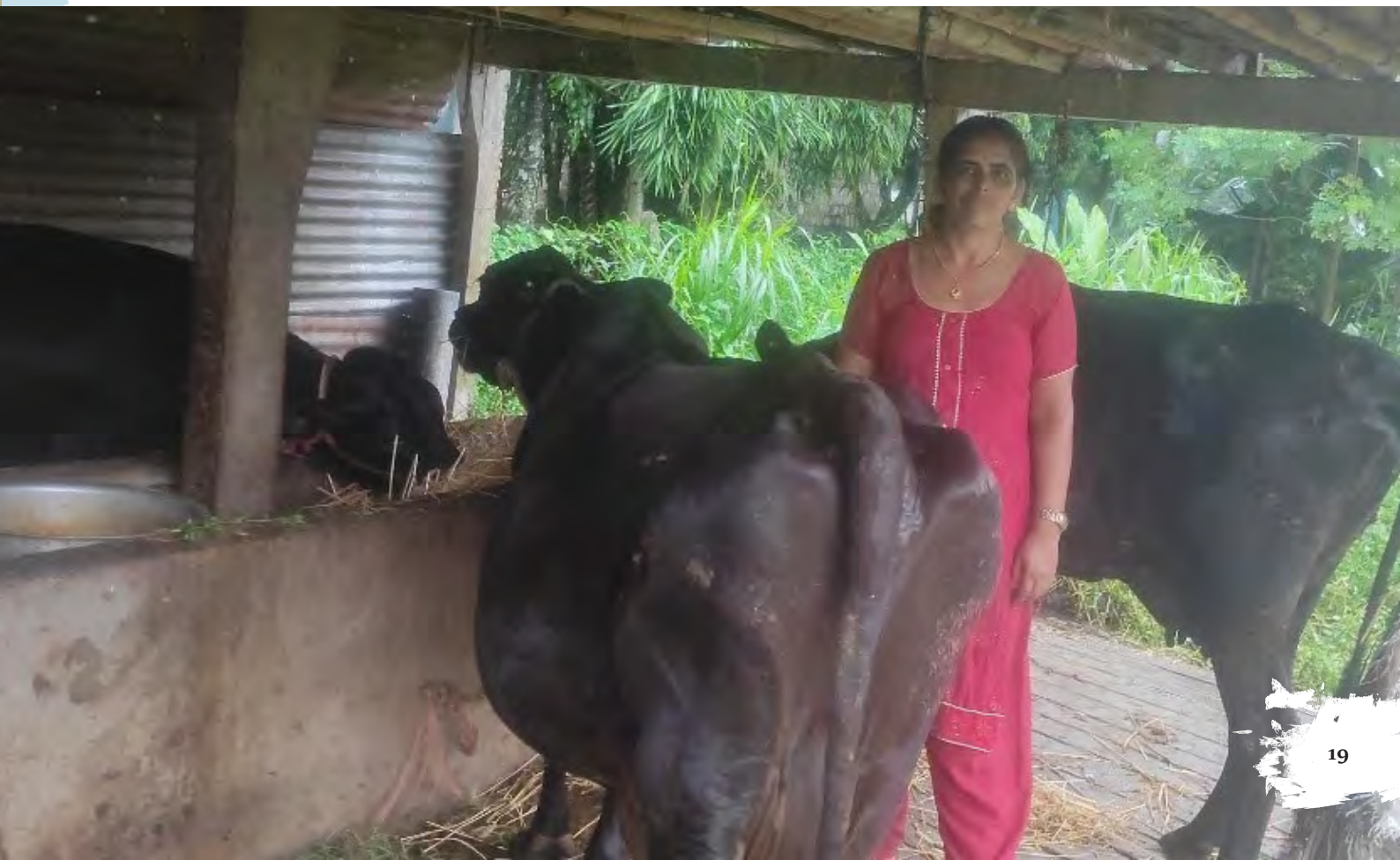


## Kamala's Cows

Kamala has a family of five. The lack of a job and unstable income made it difficult for her to meet her family's needs until she joined the My Business My Freedom program. Her goal was to purchase a cow and sell its milk.

Now, she is able to save substantial money each month, repay her loan, purchase food for her cows, and provide food and education for her children. She is even using her cow manure to cultivate her land in hopes to start growing vegetables to sell and also help to provide healthy food for her family to eat.

*"I can't believe the transformation this opportunity has given me. Now I am able to make ends meet. My children are so proud of what I have been able to accomplish",* shares Kamala while taking care of her cows.



# Safe Haven for Women

When a girl comes to the Women's Safe Haven, she comes with the need for a lot of care and support. This looks different for each girl. Some of the key support offered to each girl are:

- **Counselling**

Trained counselors help her to process what happened to her, and to create strategies for her to use to rebuild her life, to build confidence, resilience, and a safe place to talk about the things that she is struggling with.

- **Safety**

Security for these girls is paramount. It is important that she not only *is* safe but *feels* safe.

- **Rest and Recovery**

The Women's Safe Haven provides comfortable accommodation for girls who have no where else to go and who need space and time to rest and recover.

- **Skills Building**

Being able to provide for herself and not have to rely on others is one of the biggest keys to her continued growth and rehabilitation. Having the skills to earn a living not only builds her confidence but sets her on the path to independence, while also showing other girls in her community that they don't have to resort to unsafe and dangerous means to earn an income.



## JULY TO DECEMBER 2022 IMPACT

- **34 women/girls were supported at the Safe Haven** between July and December 2022. They received much needed counseling and a safe place to stay.
- Skills-based training was provided to develop their confidence and ability to be able to provide for themselves, and not rely on others and fall for the lies and false promises of traffickers; **14 participated in the 3-month Tailoring Training.**

*All names in the stories that follow have been changed for privacy and protection.*

**WE ARE GRATEFUL FOR THE SUPPORT OF OUR KEY DONORS  
WHO MADE THIS POSSIBLE:**

 **Kenneth Whalen**  
FAMILY FOUNDATION



**SUE & EDWARD**

**JENNIFER B.**

*Content Warning // sexual abuse, drugs*



## TRAFFICKER ARRESTED

As a child, Jaya (12) was subjected to sexual abuse by an adult relative. He forced himself on her and also forced her to sleep with other men for money. He took advantage of the vulnerable situation created by her drug-addicted parents. She explained that he used to lure her by offering her snacks. Because of her highly vulnerable state with parents who aren't able to care for her and protect her, she has been brought to the Women's Safe Haven where she will receive counseling, medical care, and much needed love and support. The adult relative has been arrested by police and is facing human trafficking charges.

## STUCK IN A CYCLE OF *Poverty and Abuse*



Rakshya and Nanda were discovered during a community visit by one of our field officers. They were found in a critical situation of sexual abuse. Their houses are near the border and they were working as laborers at construction sites to try and earn enough money to live. They were often abused and taken advantage of by male workers. The girls did not share this with their parents fearing they might get banned from working.

Family debt, illiteracy, and bad intentions of male workers have the girls stuck in a cycle of abuse and poverty. The girls were transferred to the Women's Safe Haven for safety. While they are there, they will be learning a skill that they will be able to use to earn a living and become financially stable.





## Rescued FROM A HOTEL

Sakhi is a beautiful sixteen-year-old girl. She worked as a waitress in a small restaurant along a busy highway. Many heavy vehicle drivers stop to rest and sometimes spend the night there. She was regularly molested by drunken customers, mostly drivers; she was unable to save herself. Some drivers abused her sexually and forced her to sleep with them. She was frightened to share this with her parents or anyone else.

Due to her sense of responsibility and need to earn a living, she kept her mouth shut. She was voiceless and was a victim of sexual abuse.

Her situation was discovered during a field visit and after hearing her story, she was rescued. She has been transferred to Women's Safe Haven and received medical checkups and counseling. She has started taking tailoring training to be able to learn a skill where she will be able to maybe open her own small business or secure good employment.



# Justice & Legal Aid

Working closely with police and the court system, our team works hard to bring justice to those who have been victimized, trafficked, and abused. Many women come to our help desks and monitoring stations looking for help. They don't have a voice and feel lost and forgotten. Our team offers assurance that they can have a voice and are certainly not forgotten.

The aim of our team is to be a voice for those who do not have one and to equip them with the necessary knowledge to be able to empower and stand up for themselves.

## JULY TO DECEMBER 2022 IMPACT

- **23 traffickers were arrested.** Our partner's teams assisted in these arrests and helped in tracking down the perpetrator.
- **344 women received legal assistance.** This service provides help and advice for those who are abused or victimized. Women were informed of their rights and how to pursue legal matters. Some cases were referred to local lawyers for follow-up; others were referred to the legal team at our partner's head office.

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### MADE POSSIBLE THANKS TO OUR KEY DONORS:



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## SOLD BY HER OWN RELATIVE

Laya, 17, went to a nearby town to take a passport-sized photograph with her classmate Binsa, 16, for their school's documentation process for their final exam. There they met Laya's relative, who offered them lunch and a ride around Dhangadi in his jeep. When Laya refused, he threatened her and assured her that he would drop them home after the ride. He further taught them to lie at the border and suggested they respond that they were going to get tuition and study materials.

The three were intercepted at the border and their story was revealed. Further investigation of the man showed that he had received Rs 80,000 [US\$ 606] from India. He had a connection with a trafficker in India and had received payment in advance for trafficking Laya and Binsa. This is further supported by his phone call history, which revealed that he made a recent call in India and asked for the rest of the money once they have crossed the border.

It was also discovered that the man has a criminal record and has previously been involved in the disappearance of a girl under the guise of marriage. The man was kept in the custody of police whereas Laya and Binsa were kept in the transit home until their parents came to pick them up. They were safely reunited with their family after getting counseling about human trafficking, pimps, its dimensions, and sufferings. Laya's and Binsa's families were very thankful for saving their girls from a very dangerous pimp.





## VICTIM OF DOMESTIC VIOLENCE

Chaha and her husband got married despite their difference in castes. In Nepal, caste is still a significant contributor to violence and abuse. Not long after they married, they started fighting. He started abusing her because she belonged to a different caste.

Their neighbors had to intervene sometimes when things got furious. He would threaten Chaha when she said that she would tell the local police about it, so she secretly wrote a letter to one of the 3AN help desks in her area.

As soon as our team received her letter, actions were taken immediately. With the coordination of the police, her husband was given a warning about legal actions that could be taken against domestic violence and caste discrimination. In future cases of abuse, the police themselves will intervene and he will be punished accordingly. The husband was made aware that victims of domestic violence, like Chaha, are likely to get in contact with strangers and become victims of trafficking. It was his responsibility to provide safety for his wife.



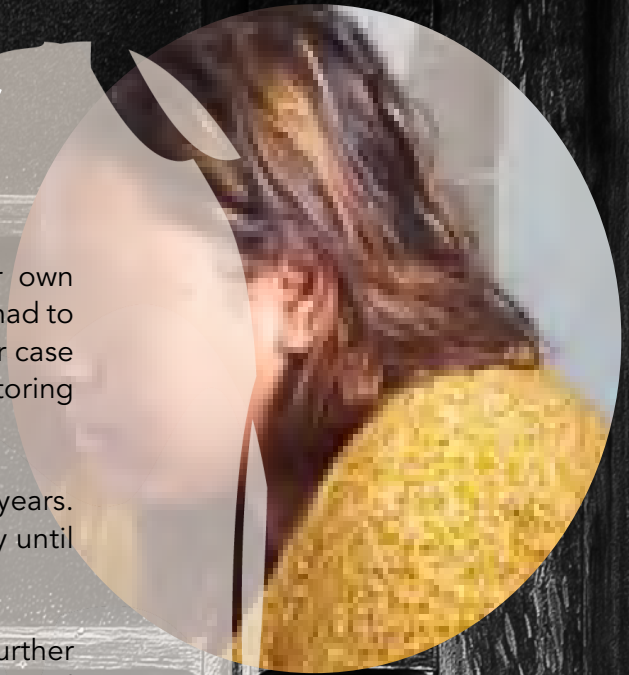
## LEGAL ASSISTANCE FOR

### *Chantin*

Chantin, 31, is a victim of sexual abuse from her own husband. It got extremely severe that their neighbor had to break into their house to see what was going on. Her case was reported to our Help Desk in one of our monitoring regions.

Chantin explained that she endured his torture for 10 years. She was sexually assaulted by her husband every day until the neighbor was forced to intervene.

She was brought to the interview booth for further investigation. She was made aware of her legal rights and actions against sexual violence. Her husband has been reported to the police for committing sexual and physical abuse. She feels very relieved to be free from his torments and to find help and support.





# 3 ANGELS Community Radio

3 Angels Community Radio broadcast 17 hours every day, mixing news, stories, music, studio-based programs, and field-based programs.

The platforms that these programs are able to engage with are changing and growing to meet the new generation and technology.

- **385,000 estimated listeners** based on independent research conducted in 2018 assessing the % of the population tuning in
- **134,100 active listeners** in the 3ACR App
- **1,783 callers** to the radio station engaging in various conversations and competitions
- **3,167 followers** in the recently launched 3AN TikTok account

**WE ARE GRATEFUL FOR THE SUPPORT  
OF OUR KEY DONORS WHO MADE THIS POSSIBLE:**

**T&M SHELTON**

**AMROSIA**  
global sourcing and inspection

**Johnson Family &  
Penman Family**

**Kenneth Whalen**  
FAMILY FOUNDATION





## REGULAR PROGRAMS AT 3 ANGELS COMMUNITY RADIO

### **NEPALI CHELI (NEPALI DAUGHTER)**

This program talks about human trafficking and how Nepali women are being exploited and trafficked, as well as local businesswomen sharing their successes and encouraging women that they can do anything if they have the opportunity.

### **KANUNI PARAMARSA (LEGAL AID)**

The legal aid offered encourages people to know about the due process of law and to understand the legal processes.

### **VOICE OF PEOPLE**

The 3ACR team hit the streets and interview community members, where they share their views on human trafficking, domestic violence, and other social issues.

### **AGRICULTURE SPECIAL**

Essential tips and information are discussed about farming, seasonal farming, and off-seasonal vegetable growing ideas.

### **APANGATA SAWAL (DISABILITY QUESTION)**

Interviews are conducted with disabled people and individuals who are working for organizations that support the welfare of disabled people.

### **SANGHARSA KO PAILA (STEPS OF STRUGGLE)**

This is an interview program where guests from different fields come and share their struggles and talk about the things that they have achieved through persistence and hard work. It also talks about human trafficking and the goals Nepal needs to meet to stop this from happening.

### **3 ANGELS HEARING**

This is a talk show where experts from different fields of profession, such as teachers, businessmen, doctors, nurses, medical disease specialists, counselors, finance experts, and actors, are invited to talk and share. This is a very popular show.

### **HAMRO SANSTHA (OUR ORGANIZATION)**

This show conducts interviews with people from different NGOs and INGOs, youth clubs, women's clubs, children's clubs, and government organizations. In this interview, they talk about their goals and achievements and provide information about 3 Angels Nepal and its work all over Nepal.

## NEW PROGRAMS AT 3 ANGELS COMMUNITY RADIO ADDED THIS QUARTER

TITLE	FREQUENCY	ABOUT
Psychological Counseling	One episode per week	This program aims to raise awareness about mental health among the public and answer questions they may have.
Hamro Uddham (Our Ambition)	One episode per week	This program provides people with information on how to pursue their own ambitions.
Hamro Vidyalaya (Our School)	One episode per week	School-related and awareness episodes are discussed in this program.
Hijo ra Aaja (Yesterday and Today)	One episode per week	This program's episodes relate to the beneficiaries' backgrounds, their experiences in 3Angels Nepal, and their current situation after rehabilitation.
Hamro Ghar Aangan (Our Neighborhood)	One episode per week	Interviews from 3AN staff and other guests, stories about victims and their rehabilitative efforts, and reports from all branches of the AHT are included in this program.
Life Skill Counseling	One episode per week	Episodes in this program are dedicated to the art of living, which focuses on how victims of various incidents can regain their self-worth and self-growth.
Business Talk	One episode per week	Interview with various people engaged in different businesses.
Hamro Bahas (Our Debate)	One episode per week	Discussions with experts in their respective fields on current political, social, economic, and financial issues are featured in each episode.
Career Time	One episode per week	Each episode of this program specializes in different career paths one can take according to their ability, interest, skills, and education.
Sahakari Aawaj (Voice of Cooperative)	One episode per week	Episodes educate the public on the benefits of cooperative organizations and how to obtain financial benefits from them.
Hamro Abhiyan (Our Campaign)	Daily	This program includes a compilation of episodes related to 3Angels Nepal's overall activities, as well as dramas and awareness programs.

## RADIO IS A *Friend to All*

Tara's journey started with working in a tailoring business. She has now progressed to operating a garment factory and creating employment opportunities for women. She loves the programs on 3ACR and plays the station all day in the factory for all her employees to listen to. She said that the radio has become their friend and they have gained a great deal of knowledge and awareness.





# The Untouchables

The caste system is still dominant in Nepal. One caste is classed as "untouchable" and Sumita belongs to this caste. She never had a chance to go to school and faced various challenges growing up due to the caste system. Her caste is the main group of victims of trafficking; a people belonging to a community where the literacy rate is low and people are not given the chance to uplift their living standards.

Sumita said that the radio has made her aware of human trafficking and how it prevails in society though it is not often seen by the naked eye. A known figure in her society, she loves the Nepali Daughter Program and is spreading awareness to young girls in her community who are at risk of being trafficked.



## SUSHMITA'S EXPERIENCE

Sushmita (34) listens regularly to 3 Angels Community Radio. She and her husband work as laborers and are only able to earn money on days when they can find work. She came to the station recently with her son and shared her story.

She was frequently offered work in hotels abroad by people. *"As I began listening to the radio, I began to feel that no one could be trusted. I understand now that there are people who lure women into sex slavery with false promises of earning money. It is very difficult to resist temptation when economic conditions are weak. People easily fall for it. I have become more conscious of the risks because of what I hear on the radio"*, shared Sushmita to the radio team.



# CAPTIVATING Village Program

Our newest project in Nepal, Captivating Village Program, is all about educating girls and empowering communities. The program, done in partnership with 3 Angels Nepal and Aasaman Nepal, is about discovering girls who are not in school because of poverty, the disadvantage of being a girl, or even the fact that their parents think it is better that she is married rather than educated.

The Captivating Village Program is making a difference in impoverished villages to help prevent girls from becoming victims of human trafficking, child marriage, and child labor. Our team works with school principals and communities to help bring about change in society.

1. Out-of-school girls are offered a scholarship, and mentored back into the school system (typically 15 to 30 girls per village);
2. All scholarship girls receive regular training on life skills, safety measures, their rights, personal hygiene, and confidence-building;
3. A staff member is specifically assigned as liaison and official overseer of ALL girls in this village to ensure regular school enrollment and to look out for child marriage issues and human trafficking risks;
4. Village parents and leaders attend awareness sessions on the value of girls, laws regarding child marriage, and how to address their poverty;
5. Improvements will be made to the local school improving the quality of educational resources, and addressing facility upgrades if needed; and
6. Where possible, selected women/girls will join the **Captivating MY BUSINESS - MY FREEDOM Microfinance Program** to address their poverty.

This program transforms the circumstances for out-of-school girls in these villages, as well as empowering the community with knowledge, sustainable solutions, and various levels of support.





## THE CAPTIVATING VILLAGE PROJECT SO FAR

Village	Girls Back in School	Funded by	Matched by
CVP 01	39	G&S.H.	Lightstream Foundation
CVP 02	35	A&T.T.	Jamoca Foundation
CVP 03	29	B.G.	Lightstream Foundation
CVP 04	11	J.E & K.N.	Whalen Family Foundation
CVP 05	20	J.E.	Whalen Family Foundation
CVP 06	10	The Surabaya Supporters	Whalen Family Foundation
CVP 07	13	L&D.M.	Whalen Family Foundation
CVP 08	14	Kingscliff SDA	Whalen Family Foundation
CVP 09	In progress	J.S., M&V.J., J&W.D.	Midnight Charity Run
CVP 10	In progress	L.T.	Midnight Charity Run
CVP 11	In progress	H&C.L.	Midnight Charity Run
CVP 12	In progress	D&D.C., F&T.S., J.B., R.K.	Midnight Charity Run
CVP 13	In progress	N.V., L.F., W.VDV.	The French Beauty Academy
CVP 14	In progress	J.G.	The French Beauty Academy
CVP 15	In progress	T&S.A.	The French Beauty Academy
<b>TOTAL GIRLS BACK IN SCHOOL</b>		<b>171</b>	



## learning TO READ AND WRITE

Pratima is 17 years old. Her family is poor and relies on the small amount of income they can earn from small daily laboring jobs. There are eight people in her family and with so many mouths to feed, food is often scarce. She dropped out of school in grade 3, so she could help earn money to support her family.

Through the support and mentorship of the Captivating Village Program, Pratima, with the full support of her mother, is now studying again. She is learning to read, write, recognize English letters, and solve simple mathematical problems. Her life is transforming right in front of her and she is so thankful for this opportunity. Her mother is proud of her and the teachers are providing her with the support and mentorship she needs to learn and grow.

# Childhood Dream

Sunita is 18 years old and lives with her husband and in-laws. She was married young and so had to drop out of school to carry out her duties as a wife and daughter-in-law. She always wanted to complete her schooling however never had the opportunity or the support.

The family lives on daily income earned from whatever laboring jobs they are able to find each day. This means there is no stable income for them.

When our team was visiting families in her village, her mother-in-law talked with the team and realized the importance of education. Her daughter-in-law was still 18 and so young enough to be able to complete her schooling, so she enrolled Sunita. She knew that this is what Sunita dreamed of, and through the help and support of the Captivating Village Program, she knew her dreams would come true.

Sunita is now studying regularly and is able to write her name, introduce herself with confidence, and is sure that she will be able to change the future for her family through the opportunities that education can bring.



## AN EXAMPLE FOR HER SON

Laxmi is 21 years old and lives with her husband at her in-law's house. Due to poverty, her parents married her off at a young age. After having a baby boy, her in-laws told her to quit her studies.

Although her willingness to study was strong, she wasn't allowed to continue her studies.

While visiting her home, we tried to explain to the in-laws about the importance of education and how the Captivating Village Program can help remove the financial burden on the family.

She is now attending regular classes and is studying in grade 11. During the follow-up visits, she expressed gratitude for the tremendous support for being able to rejoin school.





## MICROFINANCE OPPORTUNITIES

This quarter, a microfinance group was formed in one of the villages in the Captivating Village Program. There are a total of 11 women who are part of this group and have been selected by the team because of the poverty of their family situation.

These women will learn skills in small business management, budgeting, and growing their small businesses. They become an amazing support network for each other and provide encouragement for each other when things get tough as well as keep them accountable for repaying their microloans.

When they are ready, the loan officer will provide them with their first microloan and support them in their new business venture. We are excited to see these women become financially stable and break the cycle of poverty in their families.

## Education HELPS US MAKE THE RIGHT CHOICES

Part of the Captivating Village Program is empowering communities with the knowledge to break down barriers and misconceptions that have been around for generations. These workshops cover many different topics such as child marriage, human trafficking, health and hygiene, equality for women, and the importance of education.

After conducting a workshop session in one of the schools, the girls showed their interest in sharing what they learned.

Somanti is 14 and she shared the importance of education in her life. *"It helps people decide what is wrong and what is right in society, helping them choose the right path to make the future and life stronger,"* says Somanti.

She shared that women's education is a must because it helps save girls from falling into the trap of early marriage. It has helped her make the best decisions for her life and is grateful to be part of the Captivating Village Program.





# You Can Be Involved TODAY

Contact [info@captivating.org](mailto:info@captivating.org)

Donate to this project through our website [www.captivating.org](http://www.captivating.org) and receive tax deductible receipts for Australia, US, NZ, or Hong Kong donations.

Speak up and spread the word about these projects to your family, friends, and business networks.

If you have any query regarding this report, please contact [ashley@captivating.org](mailto:ashley@captivating.org)



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